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 Refresh your career or learn a new skill with one of our vibrant short courses!

# Certificate in Introducing Caring for Children and Young People

## Level 2 NCFE/CACHE

There are many factors that can impact on children and young people at different stages of their development. It is important to understand what these factors are, as well as the ways in which children and young people's development can be enhanced through activity and interaction. Throughout this qualification, learners will explore how children's development can be influenced by factors such as nutrition and gain an understanding of the various safeguarding responsibilities of those who care for children and young people. Learners will also discover the importance of activities, play and interaction, and learn how to contribute positively to the development of children and young people at different stages.

This course is suitable for anyone currently working with, or intending to work with, children and young people, or anyone who wishes to increase their understanding of care for these age groups. The qualification can also be used to complement a personal or voluntary role working with children and young people.

### Course content:

This course is split into five manageable units:

- Unit 1: Safeguarding the welfare of children and young people
- Unit 2: Importance of place for early learning
- Unit 3: Use food and nutrition information to plan a healthy diet
- Unit 4: The value of play to young children
- Unit 5: Young children's development

Each unit contains activities and assessments designed to cover the specific learning outcomes.

**Interested? Let's talk!**

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