

FREE

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 Refresh your career or learn a new skill with one of our vibrant short courses!

Certificate in Counselling Skills

Level 2 NCFE/CACHE

Many people find it helpful and empowering to seek the support of counselling at some point in their lives. People in any situation could benefit from counselling, and those with the correct understanding, knowledge and skills can provide them with support to improve personal well-being. This qualification focusses on key counselling skills to enable learners to provide support wherever it is required. The course gives learners an understanding of various theoretical approaches, as well as covering the importance of a counselling relationship and helpful interaction techniques

This course does not qualify learners to practice as a counsellor, but is suitable for those who wish to increase their understanding of counselling skills and techniques in order to engage in helpful interaction appropriately. Learners could use this knowledge to complement an existing role, or as a basis for continued study to attain a qualification in this sector.

Course content:

This course is split into four manageable units:

Unit 1: Using counselling skills

Unit 2: Introduction to counselling skills theories

Unit 3: Diversity and ethics in the use of counselling skills

Unit 4: Counselling skills and personal development

Each unit contains activities and assessments designed to cover the specific learning outcomes.

Interested? Let's talk!

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